

**Illinois Department of Insurance
DRAFT Minutes of the PA 99-0480**

**Working Group Regarding Treatment and Coverage of Substance Abuse Disorders and Mental Illness
Open Meeting**

**Wednesday, November 30, 2016
3:30 p.m. to 5:00 p.m. CT**

Location: Illinois Department of Public Health Conference Room, 69 W. Washington St., 35th Floor, Chicago, Illinois 60601.

Video Conference location: Illinois Department of Public Health Conference Room, 535 W. Jefferson St., Springfield, IL 62767.

Working Group Members		Present Y/N	CHI/SPI
Acting Director Anne Melissa Dowling	Illinois Department of Insurance	Y	CHI
Secretary James Dimas	Illinois Department of Human Services	N	
Director Felicia Norwood	Illinois Department of Healthcare and Family Services	N	
Director Nirav Shah	Illinois Department of Public Health	Y	CHI
Vern Rowen	Aetna	N	
Laura Minzer	Blue Cross and Blue Shield of Illinois	Y	CHI
Jill Wolowitz	Blue Cross Blue Shield	N	
(Vacant)	Cigna	N	
Marvin Lindsey	Community Behavioral Healthcare Association of Illinois	Y	CHI
Mark Loafman	Cook County Health and Hospitals System	N	
Stephanie Place	Erie Foster Avenue Health Center	N	
Dr. Thomas Britton	Gateway Foundation	N	
Harmony Harrington	Humana	N	
Vincent Keenan	Illinois Academy of Family Physicians	N	
Sara Howe	Illinois Alcoholism and Drug Dependence Association	N	
Sam Gillespie	Illinois Department of Children and Family Services	Y	CHI
Susan Fonfa	Illinois Department of Healthcare and Family Services	N	
Dan Wasmer	Illinois Department of Human Services	N	
Maria Bruni	Illinois Department of Human Services/Division of Alcoholism and Substance Abuse	Y	CHI
Anne Marie Skallerup	Illinois Department of Insurance	N	
Paulette Dove	Illinois Department of Insurance	Y	SPI
Representative Lou Lang	Illinois General Assembly	N	
Rajesh Parikh	Illinois Primary Health Care Association	N	
Meryl Sosa	Illinois Psychiatric Society	Y	CHI
Dr. Fahmy Abdel	Illinois Society of Addiction Medicine	N	

Working Group Members		Present Y/N	CHI/SPI
Scott Reimers	Illinois State Medical Society	Y	SPI
Renée Popovits	Popovits & Robinson	Y	CHI
Kelly O'Brien	The Kennedy Forum	Y	CHI
Heather O'Donnell	Thresholds	N	
Catherine Bresler	Trustmark	N	
Brendan Hostetler	United HealthCare	N	

Illinois Department of Insurance Staff Present		CHI/SPI
Karen Woods	Illinois Department of Insurance	SPI
Amy Condo	Illinois Department of Insurance	CHI
Michael Batkins	Illinois Department of Insurance	CHI
Laura Kotelman	Illinois Department of Insurance	CHI
Andrew Wille	Illinois Department of Insurance	CHI

Interested Parties in Attendance		CHI/SPI
Bruce Himmelstein	Aetna Better Health	CHI
Karen White	Aetna	CHI
Kathie Kane-Willis	Chicago Urban League/Illinois Consortium on Drug Policy	CHI
Dr. Melanie Hunter	Cigna-HealthSpring	CHI
Joel Hahn	Cigna-HealthSpring	CHI
Erica Kaitz	Cigna-HealthSpring	CHI
Breanne O'Reilly	Community Behavioral Healthcare Association of Illinois	CHI
Felix Hernandez	County Care	CHI
Jud DeLoss	Greensfelder, Hemker & Gale, P.C. (The Kennedy Forum)	CHI
Eric Foster	Illinois Association for Behavioral Health	CHI
Samantha Olds Frey	Illinois Association of Medicaid Health Plans	SPI
Kimberly McCullough-Starks	Illinois Department of Healthcare and Family Services	CHI
Robert Mendonsa	Illinois Department of Healthcare and Family Services	CHI
Don Kauerauf	Illinois Department of Public Health	SPI
Lia Daniels	Illinois Hospital Association	CHI
Kim Janas	Illinois State Medical Society	SPI
Laura Fry	Live 4 Lali	CHI
David Vinkler	Molina Healthcare	SPI
Sherie Arriazola	Treatment Alternatives for Safe Communities, Inc. (TASC)	CHI

Meeting Minutes

1. **Call to Order.** Directors Dowling and Shah called the semiannual meeting of the Working Group Regarding Treatment and Coverage of Substance Abuse Disorders to order at 3:33 p.m.

2. **Introductions.** Directors Dowling and Shah introduced themselves, welcomed all attendees and clarified the structure and focus of the meeting. Working Group members, interested parties and staff in Chicago and Springfield were introduced.
3. **Approval of the July 28, 2016 Working Group Meeting Minutes.** Meryl Sosa made a motion to approve the Minutes, seconded by Kelly O'Brien. The minutes were approved and entered into the record.
4. **Presentation from Illinois Department of Healthcare and Family Services (HFS).** Robert Mendonsa, Deputy Administrator for Care Coordination Rate and Finance at the Illinois Department of Healthcare and Family Services (HFS) gave a presentation that shared the history of the Mental Health Parity and Addition Equality Act (MHPAEA). MHPAEA applies to Managed Care Organizations (MCOs), but not for fee-for-service. Unlike other states that carve out behavioral health, Illinois Medicaid managed care plans require the inclusion of behavioral health coverage. HFS plans to strategically evaluate the delivery, quality and availability of behavioral health services to its Medicaid population, using the MHPAEA framework to further physical and behavioral health integration.
 - a. As a result of Public Act 99-0480, HFS is required to provide coverage for all U.S. Food and Drug Administration (FDA)-approved forms of medically-assisted treatment (MAT) prescribed for alcohol or opioid dependence to Medicaid-eligible participants. This requirement applies to both fee-for-service and MCO participants. HFS removed all utilization controls, prior authorization requirements and lifetime restriction limits and instructed MCOs to do the same. Comments and discussion included concern regarding the availability and implementation of the required pharmacist training to dispense and the no prior authorization requirement leading to diversion. A discussion around support for clinical counseling along with MAT highlighted the need for providers to engage regularly with patients when providing services for improved outcomes.
 - b. Effective January 1, 2017, Medicaid will cover Methadone. In addition, Illinois Medicaid always covered the cost of Institutions for Mental Diseases (IMD); however, the Federal Government will now cover those costs. (Previously an IMD exclusion was in place.) The IMD Exclusion was previously paid with all state funds, but now, Federal CMS pays the 15 day room and board portion. For ACA adult patients, it was a split payment between State and Federal. However, the state's 1115 Waiver asked for 30 days and to include substance abuse.
5. **ASAM as Guidance.** The Working Group discussed the use of American Society of Addiction Medicine (ASAM) criteria in connection with patient placement (admission and continued stay). ASAM released its criteria in June 2016. MCOs and providers should consider using this criteria to establish a common standard. Each MCO currently has different criteria, and ASAM could provide more sensible assistance for patient placement criteria. The State would be able to provide some additional guidance where needed. The Working Group discussed if a

commonality could be found using ASAM, Illinois and other states criteria. ASAM may have restrictive guidelines on telemental health and the Working Group is interested in best practices. Additionally, concerns regarding third party vendors managing behavioral health included: they may be located out of state, not have access to all information, and use different coding for procedures and care. As a starting point the Working Group would like to review ASAM criteria, request data from other states, solicit comments at HFS's Medicaid Advisory Committee (MAC) and request MAT administering best practices from other states.

6. **MCO regulation.** MCO plan members have grievance and appeal rights within each plan and these are documented in the MCO handbooks and on their respective websites. HFS has tracked these grievances and will implement a new MCO online dashboard. This dashboard will collect and maintain data on grievances or appeals and any overturned decisions allowing HFS to identify consumers and provide additional education. MCO data received by the HFS dashboard will be vital for reviewing imposed mandates and reaffirm the no limits on fee-for-service enrollees.

7. **Health Literacy.**

- a. Health literacy is a problem overall and education is important.
 - b. The Working Group asked whether there was a way for forms and appeals to be consistent across Medicaid and commercial insurance. An option would be to create a "one stop shop" outside of the state agencies involved.
 - c. Create a DASA training program so providers can better assist consumers.
 - d. A guide on navigating treatment, educational videos and a chart for providers outlining MATs would be helpful
 - e. MCO data received by the HFS Dashboard will be important in reviewing imposed mandated and reaffirm the no limits of Fee for Service.
8. **Other Business.** The meeting opened for additional comments and questions. There was question regarding the volume of parity-related calls to the hotline.
 9. **Semi-annual meeting dates for 2017.** The Working Group requested a longer meeting of two hours and start time of 3:00p.m. for the 2017 semiannual meetings. The Working Group decided upon the week of July 24, 2017, and the week of November 27, 2017 for the 2017 meetings.
 10. **Adjournment.** The meeting adjourned at 4:49p.m.